

SEPTEMBER 27, 2020 VOL. 3

ST. JOHN'S GREEK ORTHODOX

SUNDAY SCHOOL



The Lord's Prayer

We are introduced to The Lord's prayer in the Gospel of Matthew (Chapter 6:9-13), during a long talk from Christ, which is known as "The Sermon on the Mount." Jesus talks about how to pray, and tells His followers that they should not heap up empty phrases when they pray, and not show off their prayer rituals. Instead, they should pray in secret, and use simple words. That is when Jesus taught Lord's Prayer.

The Lord's Prayer is used in almost every Orthodox worship service. We are supposed to use this prayer before meals, especially on Thanksgiving, right before we sit down for Thanksgiving Dinner. The prayer is short and simple. Most people in society know it, whether they are Christian or not, and yet this prayer is very powerful and packed with meaning. If we truly understand this prayer and can live by it's meaning, it can become very transformative for our lives.

Our Father, who art in heaven,
hallowed be Thy name.

Thy Kingdom come, Thy will be
done, on earth as it is in
heaven.

Give us this day our daily
bread; and forgive us our
trespasses as we forgive those
who trespass against us; and
lead us not into
temptation, but deliver us
from evil.

